



1ST ANNUAL CHONG LEE CUP TAEKWONDO CHAMPIONSHIPS

- Hosted by:** HI-PERFORMANCE TAEKWONDO STUDIO, St. Johns NL
- Date:** Saturday APRIL 28, 2012
- Venue:** COLLEGE OF THE NORTH ATLANTIC GYM, PRINCE PHILLIP DRIVE.
- Fee:** \$50. This includes Poomsae and Kyorugi events. Payment may be made in cash or Money order only. No Personal cheques accepted
- Rules:** Standard WTF rules: foot contact to the body and face, hand contact to the body only.
- Equipment:** **Athletes must provide their own gear.** Vinyl - competitor style gear only.
- Poomsae** Competitors must perform a WTF recognized form of their choice
- Kyorugi** Divisions will be determined by age, rank, weight and gender. It is our goal to set divisions as fairly as possible.
- Registration:** All athletes **MUST** complete the registration forms in full.
REGISTRATION DEADLINE: 14 April.
- LTAD Format:** All children 8 and under will be presented with gold medals regardless of result. There will be a round robin system for children 8 and under whereby they will receive 2 matches. Matches will be scored.
- For all other divisions, a single elimination format will be followed: Gold, Silver and 2 Bronze.
- Chong Lee Cup** The Chong Lee Cup is a team competition. Each School with a team of 10 athletes or more will be eligible. Athletes must be in the competitive divisions, ages 9 and older and will be awarded points for their result in sparring and forms: 5 points for Gold, 3 points for Silver and 1 for Bronze. The total points per team will be divided by number of athletes on the team and team with the highest average will win the cup.
- Team List** Your team list must be received by **14 APRIL**. All attempts will be made to have divisions made up in advance. Your cooperation is appreciated. Please ensure all information is accurate. PLEASE TYPE AND HAVE NAMES SPELLED CORRECTLY